

EAT. DRINK. SOCIALIZE.

TOWER MARKETPLACE

Monday – Friday
Breakfast: 07:00 am – 10:00 am
Lunch: 11:00 am – 1:00 pm
WEEK OF JUNE 16



WEEKLY BREAKFAST FEATURES

INCLUDES CHOICE OF SIDE

HAM, EGG, AND CHEESE ON BRIOCHE

cage free fried egg, ham, and cheddar cheese on butter toasted brioche

5.50



FIT HERB ZUCCHINI RICOTTA FRITTATA (V)

baked eggs with fresh zucchini squash, ricotta and parmesan cheese, thyme, and basil

6.00

MON

GUEST APPRECIATION: BBQ CHICKEN QUARTERS

bbq chicken quarters with cheese grits and country coleslaw. Includes 20 oz water or soda

7.99

SOUP: southwest tortilla

3.75

TUES

PICCOLA ITALIA: MEATBALL RIGATONI

meatball rigatoni, caprese salad, garlic bread with 20 oz water or soda

8.40

GRAZE MAD SPICE: chicken manchurian, schezwan rice, garlic cashew green bean

.51/oz

SOUP: broccoli cheddar

3.75

WED

CHEF'S TABLE: NY STYLE DELI

beef brisket, spicy carolina slaw, caramelized onions, pepperjack cheese on brioche bun served with baker's chips and house made pickle spear with a 20 oz water or soda

12.00

GRAZE MAD SPICE: chicken manchurian, schezwan rice, garlic cashew green bean

.51/oz

SOUP: garden vegetable

3.75

THURS

CLOSED IN OBSERVANCE OF JUNETEENTH

grab and go available 24/7

FRI

FLAME: GRILLED CHICKEN SANDWICH

grilled chicken with onion, tomato, lettuce and pickle

5.30

SOUP: italian wedding

3.75

GRILL FEATURES

AVAILABLE ALL WEEK

includes choice of side

CANDIED BACON CHEESEBURGER

8.40

seasoned beef patty topped with spiced candied bacon, cheddar cheese, and tomato onion jam on brioche bun



GREEN GODDESS BURGER (V)

8.40

vegetable patty topped with herbed edamame spread, radishes, purple cabbage, arugula, and sliced avocado on toasted brioche bun

SWAP YOUR SIDE



FIT tabouli salad (VG)

\$6 'ALL IN' MEAL DEAL

choice of a cheeseburger, signature garden burger, or signature grilled chicken sandwich includes whole fruit, vegetable crudité, or bagged chips and 20oz soda or water

SOMETHING DELICIOUS AWAITS YOU

DELI FEATURES

AVAILABLE ALL WEEK

includes choice of side

TURKEY REUBEN SUB

8.00

roasted turkey with swiss cheese, sauerkraut and thousand island dressing on sub roll



MEDITERRANEAN VEGGIE HUMMUS WRAP

7.70

fresh spinach, tomato, cucumber, hummus in a spinach tortilla

SWAP YOUR SIDE



FIT tabouli salad (VG)

\$6 'ALL IN' MEAL DEAL

turkey pesto mayo wrap includes whole fruit, vegetable crudité, or bagged chips and 20oz soda or water

CONNECT WITH US



eatatpg.com



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